

Northeast Pierce Resource Guide

*Where to Go for Help, to Volunteer, and to Donate
In the Bonney Lake, Sumner, Buckley, & Orting Communities*

Winter 2018 Edition

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Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources" to access the guide).
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).
- **The Sumner School District's website** www.sumnersd.org (click on "For Families" to access guide)

About this Resource Guide: The resource information included in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups. To update information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com. *This resource guide is a volunteer service project and not affiliated with a specific agency or organization.*

GENERAL ASSISTANCE & RESOURCES

Sumner / Bonney Lake Family Support Center, at 1518 Main St., Sumner; 253-891-6150; www.sumnersd.org

- Serves: Families in the Sumner School District, assisting them with connecting to community resources such as energy assistance, assisting with food and medical benefit applications, housing, classes, events, immunizations, and county-wide resources. Programs include sewing classes, summer youth programs, parenting and nutrition classes, Latino services, and more. Access Point 4 Housing Coordinator now located on site.
- Open: Monday – Friday, 8 am-4:00 pm, closed daily from 12-1 for lunch. Closed Fridays during summer.
- Donate: School supplies, snacks for classes, diapers, stocking stuffers, gift cards, hygiene items, money.
- Volunteer: Help at summer programs, holiday giving and back to school night.

White River Community Outreach, at the Buckley Youth Center, 251 River Ave. S., 360-761-7897, www.wrco.org

- Serves: Families & individuals in greater Buckley and Bonney Lake communities, connecting them to local and county resources.
- Open: Tuesday & Thursday 10 am-1 pm at Buckley Youth Center, 251 River Ave. S., Buckley
- Donate: Personal hygiene items, powdered laundry soap, gift cards for gas or shoes, money.
- Volunteer: Call WRCO for volunteer opportunities.

White River Family Support Center, 360-829-5883

- Serves: Children and families in the White River School District through a broad range of support services and activities. Parenting workshops, in-home parent support, and linkages to resources.
- Open: Monday 8am – 2pm and Tuesday & Wednesday 8 am – 1 pm.
- **DSHS Financial Specialist** available (food stamps, welfare, medical) – call for an appointment 360-829-6483. Accessible for everyone, no school boundary restrictions.
- Donate: Winter coats, school supplies, gas cards, money.
- Volunteer: School supply distribution in August.

Plateau Outreach Ministries (Samaritan Project), 1806 Cole St, Enumclaw, 360-825-8961; www.plateauoutreach.com

- Serves residents of Buckley, South Prairie, Wilkeson, Carbonado, Enumclaw, and Black Diamond. Provides assistance to become self-sustaining (rent, utilities, medical, food, clothing, counseling, case management, and senior care services).
- Open: Monday, Wednesday, & Thursday 9:30 – 11:30 for walk-in appointments.
- Donate: Clothing, food, or money; donate items to the POM thrift store More Pennies from Heaven.
- Volunteer: At food bank, thrift store, working directly with clients, or administrative tasks.

Love, INC Pierce County, 10213 139th St. Ct. E. #81, Puyallup, www.loveincpiercecounty.org

- Love INC affiliates, through the church volunteers, serve ***anyone with a manageable need*** in their service area. A manageable need means that the people and resources identified and available from the local churches (or community agencies, charities or ministries) exist to address the need. NOT an emergency or relief organization.
- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.
- A network of Christian churches working together to help those in need in our community.

Readiness to Learn, Puget Sound Educational Service District, (253) 778-7600

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

ONLINE RESOURCES AND GUIDES:

Within Reach Resource Finder, Find services and resources in WA State online: <https://resources.parenthelp123.org/>

Washington Information Network 2-1-1 Community Resources online: <http://www.resourcehouse.org/WIN211>

Washington Connection, Find services and apply for benefits: www.washingtonconnection.org

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenthelp.org

Pierce County Community Connections Resource Guide: <http://www.co.pierce.wa.us/index.aspx?nid=1992>

FOOD / HOT MEALS

Bonney Lake Food Bank, 18409 Veterans Memorial Dr. E., 253-208-6779; www.teamlcr.us

- Serves: Residents of Bonney Lake and greater area, proof of address required.
- Open: Wednesdays, Thursdays & Fridays 10:00 am – 1 pm and Tuesday & Friday evenings 5 pm – 7 pm.
- Volunteer: Food pickup, sort & bag food, donate food & pet food.

Buckley Kiwanis Food Bank, 127 N. River Ave., Buckley (near Glacier Middle School); 253-266-7309

- Serves: Residents in White River and Carbonado School Districts
- Open: Wednesdays 9 am – 2 pm and Fridays 9 am – 12 noon

Emmanuel Food Pantry, at St. Andrews Catholic Church, 1402 Valley Ave., Sumner; 253-350-4899; www.standrewsumner.org

- Serves: Residents of Sumner, Bonney Lake, Lake Tapps & Orting.
- Open: Mondays 10 am-12 pm, Wednesdays 3 pm - 5 pm, and Fridays 10 am-12 pm.
- Volunteer: Food pickup or delivery, bag food, help make holiday food baskets. Donate Food.

Sumner Food Bank, 15625 Main St. E., Sumner; 253-863-3793; www.sumnerfoodbank.org

- Serves: Residents in zip codes 98390 Sumner/Bonney Lake and 98391 w/ Lake Tapps address.
- Open: Mondays, Tuesdays, Wednesday and Fridays from 1 – 3 pm, and Thursday evenings 5-7 pm.
- Volunteer: Sort and bag food, help make holiday food baskets. Donate Food.

Plateau Outreach Ministries Food Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wednesdays 9:30 am – 12 noon. Emergency Pantry open Mon – Sat 10 am – 4 pm.
- Volunteer: Help unload NW Harvest food truck Mon. 12:30 to 1:00 pm, and help in thrift store.

WonGen Central Community Services, 14104 Prairie Ridge Dr., Bonney Lake (located at Prairie Ridge Community Service Center); 253-861-6877; www.wongencentral.org

- Serves: Working poor families to regain financial stability by providing food, household goods, clothing, and adult education. This is a referral-only program. Please call if you have a family to refer.
- Donate: Food, clothing, equipment, diapers, feminine hygiene items and household commodities.
- Volunteer: Pick-up food at local stores, assist with building improvements or maintenance.

FISH Food Banks of Pierce County, locations in Edgewood & South Hill Puyallup open to all, www.fishfoodbanks.org

- **Edgewood:** 3607 122th Ave E., Suite B. 253-826-4654 Open Thurs 3:30-6:30 & Sat. 11-2. Visit once a week.
- **South Hill:** 10425 187th St E, Puyallup, 253-846-3805. Open Mon. & Fri. 10-1:30 & Wed. 2-6. Visit once/wk.

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- **Bonney Lake:** 10004 204th Ave. E., Ste 2300; 253-447-4769; Tues & Fri 8:45am–12:30pm & 1:15pm–4:45pm
- Provides food & vouchers for pregnant, breastfeeding & postpartum women, infants, & young children.

Prairie Ridge Wednesdays Free Community Dinner, at Rec Hall 14205 215th Ave. E., Bonney Lake; 253-897-8378

- Serves: Community feeding program open to all with emphasis on Prairie Ridge families.
- Open: Wednesdays from 6pm – 6:45pm. Some exceptions on scheduling (recommend following “Prairie Ridge Community Coalition” on Facebook for menu & updates).
- Donate/Volunteer: Help serve or prepare meals. Food and supply donations.

Buckley Soup, at the Buckley Multi-Purpose Center, 811 Main St., Buckley. 253-829-0190.

- Serves: Open to everyone Second Wednesdays at 5:00 pm. Event is sponsored by a different group each month. Bring your own bowl.

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FOOD / HOT MEALS (continued from previous page)

“Full Bellies” Enumclaw Free Meal Site, Sponsored by Rainier Foothills Wellness Foundation at Calvary Presbyterian Church, 1725 Porter St., Enumclaw, fullbellies@yahoo.com

- Open to everyone every Thursday except the last Thurs. 5:30 – 6:30. Each dinner prepared by various community groups.

Enumclaw Simply Soup at the Enumclaw Senior Center located at 1350 Cole St., Enumclaw.

- Free meal open to everyone the last Thursday of every month 5:30 – 7:00 pm No charge - bring your own bowl and spoon

Senior Center Lunch Programs:

- **Bonney Lake Senior Center Lunch Program**, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658. Lunch served Monday – Friday at 11:45 am, \$4 suggested donation (\$6 for non-seniors under 55).
- **Sumner Senior Center Lunch Program**, 15506 62nd St. E., Sumner; 253-891-2910. Lunch served Monday – Friday at 11:45 am, \$3 suggested donation (\$5 for under age 60). Meals on wheels available.
- **Buckley Senior Center Lunch Program**, 811 Main St., Buckley; 360-829-0190. Lunch served Monday – Friday at noon, \$3 suggested donation (\$5.75 for those under 60).

Neighbors Feeding Neighbors for homebound seniors on the Plateau presented by Rainier Foothills Wellness Foundation, 360-825-4741

- Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs \$5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.

Mother 2 Many Skate Park Outreach, 253-921-2138, email info@mother2many.org, website: www.mother2many.org

- Provides food, food and essentials bags for homeless at local skate parks. Also distribute breads to many organizations and services.
- Fall, Winter & Spring schedule: at Sumner Skate Park Mon. & Wed. 3:15p - 4:30p rain or shine except school holidays. Until the end of Oct. Mondays at Buckley Skate Park 5 - 5:45 pm, Enumclaw Library Mondays 6:00 pm through October, Fridays Milton 5:00 pm & Puyallup 6 - 7 pm.
- Donate: Granola bars, peanut butter, jam, gloves, hats, socks, coats, hygiene items.
- Volunteer: Help prepare sandwiches, distribute food, help at fundraiser.

Summer Feeding Programs for Children: (please call for serving times and volunteer opportunities)

- Sumner School District Locations: Daffodil Valley Elem. (Sumner) 11:15 – 12:30 & Liberty Ridge Elem. (Bonney Lake) 11:30 – 12:30. Both Serve Breakfast from 8:30 to 8:45. More info 253-891-6000.
- Bonney Lake Food Bank: Rhododendron Park lunch 11:30 – 11:45 and Allan York Park dinner 5:00 – 5:15 & lunch Tuesdays 10:45 – 11:15. More info 253-863-4043. www.teambldr.us
- Mother 2 Many: Sumner Skate Park Mondays and Wednesdays at 3:15-4:30. www.mother2many.org
- The Buckley Youth Activities Center: free lunches (noon – 1:00). Adults \$4.25. Located at 251 S. River Ave. in Buckley. Summer feeding program sponsored by White River School District. More info 360-829-6534.
- Prairie Ridge: Mon. – Fri. 11:30 – 12:15 at Rec Hall Park in partnership with White River School District, WonGen Central Community Services and volunteers. Privately funded. More info 360-897-8378.

Liberty Ridge Elementary (Bonney Lake) Free Dinner

- Serves children ages 0 – 18 years during the school year only, Mon-Fri 5:00 – 5:45. Located at 12202 209th Avenue Court East, Bonney Lake. OPEN TO ALL CHILDREN regardless of residence location.

Daffodil Valley Elementary (Sumner) Free Dinner

- Serves: Children ages 0 – 18 years during the school year only, Mon.-Thurs. 5:45-6:30pm and Fri. 4-5pm. Adult dinners can be purchased for \$4. OPEN TO ALL CHILDREN regardless of residence location.

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FOOD / HOT MEALS (continued from previous page)

Big Give (Thanksgiving Food Baskets), www.communitybiggive.com –e-mail biggive@livinglifeopen.com.

- Distribution at Walmart Garden Center for Bonney Lake families and at Fred Meyer in Sumner for Sumner families on the Saturday before Thanksgiving. Vouchers distributed by school counselors & food banks. Sponsored by Open Life Church.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center, 253-798-4600

- Provides low income, Pierce County seniors with vouchers to purchase produce from participating farmers markets and roadside stands.
- Eligible applicants age 60+ (or 55+ if Native American or Native Alaskan), must be able to pick up vouchers in person at local location.

Hearts and Homes, Calvary Community Church, Sumner, 253-863-3352, www.wearecalvary.com

- Prepares home cooked meals which are provided to families dealing with illness or crisis.

Mountain View Community Center Free Dinner Thurs. at 5pm, located at 3607 122nd Ave E, Edgewood, 253-826-4329

- Primarily serves residents of Sumner, Puyallup, Edgewood, Milton & Fife. Other services also available.

Hot Meal Sites in Puyallup:

- Monday - Friday 6pm: Nat'l Guard Armory, 622 4th Ave SE, Puyallup. 253-840-4670
- Mon, Wed. & Fri. Noon – 5:00 pm (lunch 1:00 – 3:30) at “The Hangout” at Peace Lutheran Church, 623 9th Ave. SW
- Tues & Thurs. Noon – 3pm at Community Of Christ Church, 503 2nd St. SW, Puyallup
- Saturdays 11:00am at Peace Lutheran Church, 214 E. Pioneer Ave., Puyallup.
- Sundays 2pm at Immanuel Lutheran Church, 720 West Main St., Puyallup
- Volunteer: Contact St. Francis House for meal site volunteer opportunities at www.stfranchishouse.net

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive, or live with someone who drives. Meals arrive frozen.

Bountiful Baskets Food Co-op (BBFC). www.bountifulbaskets.org

- A non-profit that distributes produce baskets, organic produce baskets, artisan bread and sandwich bread every other week. There is a Buckley and Bonney Lake pick-up location, among many others. Register on the website.

Bonney Lake Community Garden, City of Bonney Lake & Bonney Lake Community Resources, 253-677-3345

- Assigned garden plots available at no charge. Complete the garden plot request form on website www.teambldr.us.

Sumner Community Gardens, City of Sumner, 253-863-6300, Info online at www.sumner.gov

- Located at Shepherd's Field at 245 Valley Ave. E.

Families Unlimited Food Bank, Serving Pierce County. <http://www.familiesunlimitednetwork.org/programs/food-bank/>

Family Food Hotline: 1-888-4FOODWA (1-888-436-6392)

Food Assistance - Apply online or see if you qualify <https://www.washingtonconnection.org/home>

- Medical, childcare, cash and long term care benefits. Can also renew benefits, report changes, and find services.

CLOTHING, PERSONAL HYGIENE, HOUSEHOLD COMMODITIES

Bonney Lake Seventh Day Adventist Church Clothing Bank, 11503 214th Ave S., Bonney Lake; 253-862-8620; www.blstda.com

(Entrance located in back of the church)

- Serves: Adults and children, providing clothing, household products, toiletries, diapers, and more.
- Open: First & Third Mondays only, 9 am to 11 am (donations accepted between 8am and noon).
- Donate: Good condition adult and children's clothing, bedding, unopened toiletries & cleaning products.
- Volunteer: Sort and organize clothing.

Lions 4 Kids House, 18429 89th St. E., Bonney Lake (behind Grocery Outlet); 253-447-3844; www.lions4kids.com

- Serves: Children of all ages, providing clothing, school supplies & personal care items in the Sumner, Orting, White River, Carbonado, & Dieringer School Districts. Referral required. Also does Prom Project.
- Open: Hours vary depending on time of year – please call – referral is required.
- Donate: Children's clothing, new underwear and socks, prom dresses, toiletries & school supplies.
- Volunteer: Sort clothing, help children choose clothing, building maintenance, yard work, haircutters, & special events.

Donald Loomis Memorial Clothing Bank, 240 C St., Buckley (Behind school admin building) 360-829-6605

- Serves: Children & adults in the White River and Carbonado School Districts
- Open: Every Wed. 1 – 3pm and 1st & 3rd Saturdays 10am – 12noon
- Donate: Gently used clothing, shoes, coats, backpacks, and new underwear and socks.
- Volunteer: Sort and organize clothing.

St. Francis House, 322 7th St. S.E., Puyallup; 253-848-3618; www.stfranchishouse.net

- Serves: Families living below poverty line in East Pierce County areas, providing furniture, clothing, household goods, & ESL classes. Also coordinate the hot meal sites in Puyallup.
- Open: Tuesday, Wednesday, & Thursday 11:30 am – 2:30 pm, Friday evenings 6:30 pm – 9 pm.
- Donate: Furniture, appliances, clothing, household items, or money.
- Volunteer: At their clothing bank, a meal site in Puyallup, or at an ESL class.

Plateau Outreach Ministries Clothing Bank, 1806 Cole St., Enumclaw, 360-802-2220; www.plateauoutreach.com

- Serves: Residents of Buckley, Bonney Lake, Carbonado, Wilkeson, South Prairie, & Enumclaw
- Open: Wed. 9:30 am – 12 noon. Clothing provided through POM's More Pennies From Heaven Thrift Store
- Donate: Clothing and household items that support the thrift store
- Volunteer: Donation sorter, cashier, or pricer. Contact volunteer@plateauoutreach.com

TLC Clothing Outreach, Buckley Location: 253-569-0051, Wilkeson Location: 253-314-2540 <https://www.facebook.com/TLCClothes>, email: tlclothingoutreach@outlook.com,

- Serves: Children and adults (newborn – adult plus sizes) in Buckley, Carbonado, Wilkeson, South Prairie, Bonney Lake, Enumclaw, Black Diamond, and Auburn.
- Open: By appointment – contact via Facebook. Requestors should include information about sizes and gender.
- Donate: Gently used clothing, shoes, coats and diapers.
- Volunteer: Sort and organize clothing

Little Angels Ministry Outreach, www.facebook.com/LittleAngelsOutreach; email littleangelsministry@gmail.com

- Helping families on the plateau in need of baby items, information and local resources.
- Donate: Gently used baby and children's clothing, shoes, equipment, diapers.
- Volunteer: Pick-up, sort, and organize clothing and equipment.

Calvary's Community Closet, 309 Valley Ave, Sumner, 253-863-3352 x216, www.wearecalvary.com

- Serves: Larger community – referral form required for all requests (through Community Agencies)
- Open: Tuesdays 9am – 12 noon and 2nd Saturdays 10am – 1pm. (Summer hours 2nd Tues. & 2nd Sat. only)
- Donate: New and gently used clothing for children and adults.
- Volunteer: Sort and organize clothing and assist guests in finding clothing items.

Mother 2 Many Ministry, Bonney Lake; 253-921-2138, email info@mother2many.org, website: www.mother2many.org

- Helping homeless teens & young adults with support, clothing, coats, and personal care items. Donations needed.

The Wishing Well Foundation, Puyallup, 206-406-2398, www.thewishingwellwa.org

- Provides new and gently used clothes to children 0 – 18 years old in the foster care system in Pierce County.

TRANSPORTATION

Beyond the Borders Connector Routes (Sumner ONLY), Pierce County Human Services, 1-888-600-8043, <http://www.co.pierce.wa.us/index.aspx?NID=1269>

- Serves: Older adults, individuals with disabilities, people with lower incomes, and youth ages 12 - 17 living in Sumner.
- Provides: Free, unlimited regular bus service route hourly in the Sumner area.
- Must register at least 24 hours advance during regular business hours - Call 1-888-572-4657 to register

Beyond the Borders Demand-Response Service, Pierce County Human Services, 1-888-600-8043, <http://www.co.pierce.wa.us/index.aspx?NID=1269>

- Provides: Free transportation services to people in rural Pierce County (including Buckley, Bonney Lake, South Prairie, Carbonado, Wilkeson, and Orting).
- Serves: People with low incomes, disabled, seniors, and youth ages 12 – 17 may be eligible
- Available: Monday through Saturday 6am to 10pm
- Eligibility limited to:
 - Work-related trips (maximum ride total of \$750/mo per person)
 - Transportation to dialysis appointments (unlimited)

Beyond the Borders Essential Transportation Project, Pierce County Human Services <http://www.co.pierce.wa.us/index.aspx?NID=1269>

- Provides: Free transportation to essential services for people in the White River, Sumner, and Orting School Districts. Available Monday through Saturday 6 am to 10 pm.
- Three round-trip door-to-door rides provided per month to food banks, family support centers, WIC offices, clothing banks, mandatory school meetings, etc. Trip requests to destinations outside the area will be transported to nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. Medical appointment transportation must be non-Medicaid.
- Serves: Low-income, seniors, persons with disabilities and/or youth ages 12 to 17 in White River, Sumner, Carbonado, Orting and other School Districts.
- All riders must complete an eligibility screening to use the service. Contact: (253) 476-4657.

Care Van, Rainier Foothills Wellness Foundation, 360-284-2444, www.rfwellnessfoundation.org

- Serves: Anyone who lives in the areas of Buckley, Carbonado, Wilkeson, & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency medical appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost.
- Available Monday/Wednesday/Friday 9am – 4pm and Tuesdays/Thursdays 9am – 2pm. Wheelchair accessible. Children under 16 must be accompanied by an adult.
- Call 2 -14 days in advance of appointment 253-284-2444. Children under 16 must be accompanied by an adult.
- Volunteer: Drivers needed – please call for more information on how to volunteer.

The Road to Independence Van Ride Program, Contact: Samantha Jolin at sjolin@psed.org or 253-778-7958

- Provides no cost transportation to and from work related activities. In rural Pierce County including (but not limited to): Spanaway, rural Puyallup, Roy, Graham, Orting, Bonney Lake, Sumner, and Pacific
- Serves: People with low incomes, special needs, elderly, and veterans.
- Available: Monday through Friday 6AM-6PM, A program of Puget Sound Educational Service District
- CDL Program is free in exchange for volunteer drivers.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

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TRANSPORTATION (Continued from previous page)

American Cancer Society Road to Recovery Curbside-to-Curbside Transportation Services; 1-800-227-2345

- Provides free rides to cancer patients to and from treatments, primarily Monday - Friday.
- Transportation provided based on community resources and needs and not available in all areas.
- Minimum of four business days' notice in advance of when ride is needed. Call to schedule ride.
- Volunteer: Drivers needed in all areas. Visit www.cancer.org/drive or call 800-227-2345.

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrides.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no other transportation options.
- Volunteer drivers take individuals to medical appointments, grocery shopping, food bank, and vital services.
- Volunteer: Drivers needed in all areas of Pierce County – apply online or call for more information

Sound Transit Express Rt 596, 1-888-889-6368, www.soundtransit.org/Schedules/ST-Express-Bus/596,

- Provides ST Express Bus service to and from Bonney Lake Park & Ride to the Sumner Station weekdays during morning and evening commute hours only.

Sound Transit Sounder Train Service, 1-888-889-6368, www.soundtransit.org

- Provides Sounder Train Service between Lakewood and Everett, including stops at Sumner and Puyallup.

Paratransit Services, 1-800-925-5438, www.wanemt.com

- Provides transportation services for non-emergency medical appointments for elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Cabulance, transit fare, volunteer drivers, shared ride, and fuel or mileage reimbursement options.

Pierce Transit, www.piercetransit.org/get-started

- VanPool - Serves groups of 5 to 15 people traveling to and from work whose origin and destination are in Pierce County. The cost is based on commuter miles and number of riders each month. Join an existing vanpool or start a new group.
- VanShare – Serves groups of 3 or more to travel to Sumner Train Station. Cost is \$30/ month.

RideShare, <http://rideshareonline.com>, 1-888-814-1300

- Assists commuters by providing free carpool, vanpool and bicycle ride matching services, bus/rail options, and SchoolPool carpooling programs for parents.

Orca Lift – Reduced Transit Fare, www.orcalift.com, 206-553-3000

- Reduced transit fare for low-income adults 19-65 with youth cards at no charge for Lift card holders.
- Eligibility is based on household income.
- Save 50% or more on Sounder train, Sound Transit Buses, Link Light Rail, Metro Transit and more.

Buckley Bicycle Co-Op, byac.bikes@gmail.com, (360) 829-6534

- A program of the Buckley Youth Center in partnership with the White River School District. Provides free bicycle safety, repair and maintenance for youth and also provides bicycles for youth and young adults who need transportation to get to employment.
- Located at a portable on the Wickersham School Campus, where Balm & 2nd St. intersect.
- Open most Saturdays from 9:30 to noon May – September only.

HEALTH CARE / DENTAL / VISION

Health Care Reform, Fact Sheets, and Resources: <http://www.tpchd.org/health-wellness-1/health-care-reform/>

Toolkit: Washington Healthplanfinder toolkit (<http://www.wahbexchange.org/info-you/partners>).

Apple Health for Kids, 1-866-798-6451 – Free or low-cost medical coverage for children under age 19. Apply for coverage any time, year round at www.wahealthplanfinder.org. Online toolkit:

http://www.hca.wa.gov/hcr/me/Pages/training_education.aspx

Washington Basic Health Care Plan, Washington Health Care Authority 800-826-2444, <http://www.hca.wa.gov/>

- For low-income adults under age 65.

Washington Prescription Drug Program, Washington Health Care Authority 800-913-4146, www.hca.wa.gov

- Reduced prescription drug cost. Enroll online.

Pierce County Project Access, 253-572-7265 for donated medical care, deductions, etc. for uninsured.

Northwest Lions Foundation for Sight & Hearing / Bonney Lake Lions Club, www.bonneylakelions.com

- Provides glasses & hearing aids for those in need. Also has a mobile health van. See website for contact information.
- Donate: Used glasses & hearing aids to multiple locations (see website for sites).

Coastal Contacts – First Pair of Glasses are Free, <http://www.coastal.com/firstpairfree> (see terms and conditions)

- First pair is free, limited frame selection. Must have prescription from eye care professional, order online.

Medical Equipment Lending Closet at Senior Centers

Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us

Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com

- Offers free assistive equipment for ill, disabled or elderly people.

Health Screenings for Seniors at Buckley Senior Center; 360-829-0190; www.cityofbuckley.com

- Total health (diabetes, cholesterol, blood sugar, immunizations) on 1st Mondays 8:30 – 1:00. Hearing and eye screening every other month (call for schedule).

Mobile Dental Clinic; Rainier Foothills Wellness Foundation & Enumclaw Youth & Family Services 360-825-4586

- Provides free services to uninsured adults – urgent care only – for individuals in Buckley, Bonney Lake, Enumclaw, South Prairie, Carbonado, Wilkeson, Black Diamond and Greenwater.
- Located in Buckley once a month and Enumclaw once a month.
- Volunteer dentists & chair-side assistants are needed to volunteer for program. Contact laurelba@ayr4kids.org.

Mom & Me Mobile Medical Clinic; www.momandmemobile.org

- Provide no cost basic and preventative medical care to under-insured residents via mobile unit. See website for schedule. No appointment necessary – open to all.

Immunization Sites and Information, www.tpchd.org/resources/immunizations/

- Lists free children immunization sites, adult immunization sites, sites for uninsured/underinsured adults, requirements for schools, vaccination schedules, how to get records, and info about vaccines.

Smoking Cessation: 1-800-QUITNOW WA State Quit Line. Spanish Quit Line (800)266-3863. Support groups offered at Franciscan Health System (253)223-7538 & online classes at MultiCare www.multicare.org, (800)485-0205.

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HEALTH CARE / DENTAL / VISION (Continued from previous page)

Clean Air for Kids Asthma Outreach, Tacoma Pierce County Health Dept.; 253-798-2954; www.tpchd.org/asthma

- For an appointment e-mail cleanair4kids@tpchd.org or call 253-798-2954
- In-home service includes home environmental assessments, asthma management plan & supplies

Community Health Care Clinic, Pacific Ave. & 112th in Parkland; 253-536-2020; www.commhealth.org

- Primary medical and dental care through 8 clinics (Parkland clinic is closest to Sumner/Bonney Lake area). Women's clinic, DV clinic, Homeless, and foot care for seniors. Medical coupons, insurance plans, and payment options. No one denied care based on inability to pay.

Lindquist Dental Clinic for Children, 130-131st Street (off Pacific Ave.), Parkland; 253-539-7445; www.lindquistdental.org,

- Non-profit providing accessible, compassionate and effective dental care to Puget Sound children in need, ages 0 -18.
- Offers full array of general dental services and emergency care. Accepts Apple Health, TriCare Dental (with no out-of-pocket for covered services for qualified), private insurance, sliding fee and Uncompensated Care Scholarship options for under and uninsured children. No child is turned away due to a family's inability to pay.

Pierce College Dental Hygiene Clinic, 9401 Farwest Dr. S.W., Lakewood; 253-964-6694 dhclinic@pierce.ctc.edu

- Low cost preventative dental care is available at the Pierce College Dental Hygiene Clinic at Pierce College Fort Steilacoom. Call 253-964-6694 to get an appointment.

Smile for a Lifetime South Puget Sound Chapter (through Molen Orthodontics)

<http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/>.

- National, non-profit provides orthodontic care to selected children with financial challenges, special situations, and orthodontic needs.
- Must be a resident of Sumner, Auburn, Enumclaw or surrounding communities. Between the ages of 11 and 17 with family income no more than 185% of poverty level (free/reduced lunch) or special circumstances. Must have significant aesthetic need for braces, enrolled in school w/ min.2.0 GPA, a positive attitude and agree to follow the treatment plan and demonstrate ability and commitment to keep all appointments and be willing to complete 40 hours of community service over the course of treatment.
- How to Apply: Print the Application and instructions at: <http://www.molenorthodontics.com/about-molen/smile-for-a-lifetime/>.
- Board of Directors meet bi-annually to make participant selection for program based on applications. Return your completed application to: Smile for a Lifetime, c/o Molen Orthodontics, 1110 Harvey Road, Auburn, WA 98002 Or smiles4life@MolenOrthodontics.com.

Low Cost Dental Care Resource Hotline – Tacoma-Pierce County Health Dept. 253-798-6044.

SHIBA (Statewide Health Insurance Benefit Advisors), 800-562-6900

- Offers free unbiased counseling service provided by WA Office of the Insurance Commissioner to help make informed decisions about Medicare.

Family Health Hotline: 1-800-322-2588

HOUSING / HOME REPAIR / HOMELESS

Access Point 4 Housing, Associated Ministries, 253-682-3401; www.associatedministries.org/ap4h

- Centralized intake and referral system for families or individuals at risk of, or experiencing homelessness. Homelessness prevention services, assessment, case management, including rent and utility assistance.
- Services currently available at the Sumner Bonney Lake Family Center.

Rental Assistance, St. Vincent de Paul, St. Andrew's Catholic Church, Sumner, 253-863-4394 (message phone)

- Provides rental assistance for residents with Sumner, Bonney Lake, or Lake Tapps addresses. Must call to set up an appointment for a home visit. Provides additional resources to those who qualify.

LASA (Living Access Support Alliance) Rental Assistance, 253-581-8689, www.lasawa.org

- Phone line open Monday – Friday 10 am – noon.
- Provides rental assistance to 10-15 Pierce County residents each month with a 3 day pay or vacate notice. Also provide bus passes, utility assistance and prescription assistance.

Helping Hand House, 253-848-6096; www.helpinghandhouse.org

- Emergency Housing: Single family housing and basic needs for up to 90 days with intensive case management and life skills.
- Transitional Housing: Single-family housing and intensive case management for up to 24 months with strong emphasis on financial literacy, life skills and workforce training.
- Rapid Rehousing: Temporary, tailored financial and housing stabilization services that will enable families to quickly locate and become self-sufficient in their own housing.
- Permanent Supportive Housing: Single-family housing support, life-skills training, and intensive case management that decreases gradually as financial resources and skills improve to enable independence.
- Volunteer: Yard care, prep a home, supply drive, adopt a family, baked goods, and more.

Pierce County Housing and Rental Assistance Programs, <http://www.pchawa.org/Housing> 253-620-6500

- Section 8, Low Income Public Housing Program, Family Self Sufficiency Program, utility allowance schedules, and a list of rental properties accepting Section 8. Property locations throughout Pierce County.

Vine Maple Place, Maple Valley, 425-432-2119, www.vinemapleplace.org

- Serves: Single-parent families by providing them with transitional housing and support services.

Safe Families for Children, 877-341-7332; www.olivecrest.org/safefamilies

- Provides homes where parents may voluntarily have their children cared for while parents seek to restore stability in their lives because of crisis. Biological parents maintain full custody.

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching of those who wish to share their homes with those needing low-cost housing. Focus on low income adults, elderly, and disabled. Transitional family housing program for families experiencing homelessness.

Affordable Rental of Pierce County (sponsored by MDC), <http://www.affordablerentalpc.org>

- A one-stop on-line shop for affordable places to rent in Pierce County. It is free for landlords to post their empty units and free for people to browse for their new home.

Rebuilding Together South Sound, 253-238-0977, Pierce County residents, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors, disabled, or families w/children no-cost home repairs & modifications.
- Volunteer: Skills and time to help repair homes on Rebuilding Day the last weekend in April or year-round with home modifications and emergency repairs. Donate: Funds or materials (see list on website)

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

USDA Rural Development Home Repair, Loans and Grants, 253-845-0553

- Must own or be buying a home, live in it, be unable to get other financing, live in rural area, & be low income.
- Volunteer: Repair cars and do minor home repairs.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

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HOUSING / HOME REPAIR / HOMELESS (continued from previous page)

Catholic Community Services SSVF Program for Veterans; 253-741-5340

- Provides rapid rehousing for veteran families experiencing literal homelessness
- Case management to address employment, connects to VA, medical benefits, transportation, child care, financial planning and connections to community resources.

Senior Home Repair by Bonney Lake Senior Center & the Kiwanis Club of Bonney Lake; 253-863-7658

- Serves: Seniors who need minor home repairs.
- Volunteer: Help do repair projects as needed, gather firewood. Donate: Gift cards, money, firewood, supplies as needed.

Pierce County Housing Program Home Repair; 253-798-7038, www.co.pierce.wa.us/index.aspx?NID=1283

- Up to \$1,000 in repairs for eligible participants. Homeowners and damage to rentals caused by tenants. Must have occupied the home for at least one year. Bonney Lake residents in city limits not eligible.
- Addresses emergency health and safety issues including repairs for appliances, plumbing, roof, furnace and more. Apply online.
- **Disability Home Repair Program:** 253-798-4344, www.co.pierce.wa.us/index.aspx?NID=1276

Tenant Rights in Washington State, www.washingtonlawhelp.org/resource/your-rights-as-a-tenant-in-washington

- Washington Law Help website w/ information from the Landlord Tenant Act. Multiple languages available.
- Authored by the Northwest Justice Project (www.nwjustice.org)

Down Payment Assistance Program for Pierce County, 253-798-6905,

- Makes funding available to assist lower-income households that qualify for a mortgage but lack resources for their down payment. See website for eligibility guidelines and more information.

Foreclosure Prevention Services from South Sound Outreach; 253-593-2111; www.southsoundoutreach.org

- Provides free, confidential default counseling and loan modification services. Register online and complete intake form.
- Assist with completing Social Security Disability claims for homeless or those at risk for homelessness.

WA Foreclosure Prevention Resource Guide (online) <http://www.tre.wa.gov/documents/waResourceGuide091710-FINAL.pdf>

Open Hearth Ministries, 253-307-2274

- Provides short term emergency motel shelter for homeless families in East Pierce County.

School District Homeless Education Coordinators, Sumner/Bonney Lake 253-891-6537; White River 360-829-3959

- Provides services to students living in transition.

Mother 2 Many Ministry, Bonney Lake 253-921-2138, email info@mother2many.org, www.mother2many.org

- Helping homeless teens & young adults with support, clothing, coats, and personal care items. Donations needed.

Housing 4 Success, Referral through Access Point 4 Housing at 253-682-3401; www.reachtacoma.org/housing

- Serves: Homeless unaccompanied youth and young adults ages 13 – 24.
- Provides subsidized housing and case management (job, mental health, substance abuse, education, life skills and training). A collaboration between Associated Ministries, Shared Housing Services, the REACH Center, and Vadis.
- Volunteer: Host homes needed – monthly rent provided.

Freezing Nights Puyallup & Sumner, 253-845-2897

- Provides adults in Sumner and Puyallup with free winter sheltering and hot meals in various locations.

Winter Shelter Program, Buckley & Enumclaw, 360-825-8961

- Provides adults and families in Buckley, South Prairie, Wilkeson, Carbonado, Black Diamond and Enumclaw with free winter sheltering and hot meals in various locations. Transportation leaves from Plateau Outreach Ministries, Enumclaw.

Project Homeless Connect, www.pchomelessconnect.com

- Hosts events to provide services that address basic needs, including medical and dental care, access to education, employment and benefits systems, chemical dependency assessments, flu shots, haircuts, and more.
- See website for locations and dates. East Pierce County location typically held in the spring.
- Volunteer: Sign up online to help – wide variety of volunteer opportunities.

Resource Guide for the Tacoma Pierce County Coalition to End Homelessness:

<http://cms.cityoftacoma.org/hrhs/homelesscoalition/memberresourceguide/MRG%202012%20final.pdf>

UTILITY ASSISTANCE

City of Buckley

- Offers utility discounts to low income seniors and persons with disabilities. Complete details and applications are available at the Buckley Multi-Purpose Center or at the City Offices.

City of Bonney Lake

- Offers utility discounts (water & sewer) for low income seniors and persons with disabilities. Application available online at <http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf>

LIHEAP (Low Income Home Energy Assistance Program); <http://liheap.commerce.wa.gov>

- Pierce County Community Connections 855-798-4328 to make an appointment. Only makes appointments Mon. through Thurs. beginning at 7am until all appointments are filled. Eligibility guidelines are online. If your utilities are completely disconnected please call 253-798-3590 and leave a message.

LASA (Living Access Support Alliance) 253-581-8689, Monday – Friday, 10am – noon

- Water and sewer bill assistance only, no shut off or late fees. Open to all Pierce County residents.

PSE Energy Assistance Upgrades for Mobile Home Owners 1-800-828-8440

- Must own mobile / manufactured home, PSE customer, and use electric forced air as primary heat source.
- Provides free sealing of ductwork, free light bulbs, shower heads, and furnace filter replacements.

Pierce County Connections Home Weatherization Program; www.co.pierce.wa.us/index.aspx?NID=1290

- The weatherization team examines single and multi-unit dwellings and mobile homes for existing heat loss conditions. Teaches how to save energy and maximize efficient, safe operations of heating system.
- Apply online. Contact Teri Worth at 253-798-6115 for more information.

PSE Free Refrigerator Replacement: 1-877-341-2314.

- Free delivery and removal of old working refrigerator (1992 or older)
<http://pse.com/savingsandenergycenter/ForHomes/Pages/Free-Appliance-Replacement.aspx>,

Free Cell Phones & Minutes for income eligible; <https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program>

- Lifeline Free Cell Phone Programs: A government benefit program that provides discounts on monthly telephone service for eligible consumers living on low incomes to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, housing, family and 911.
- Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes every month, plus free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased online, by phone and at stores. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Low Cost Internet Access Programs (see eligibility guidelines)

- Comcast Internet Essentials, www.InternetEssentials.com, 1-855-846-8376
- CenturyLink Internet Basics, www.Centurylink.com/home/internetbasics

Firewood Resources – Please contact one of the agencies listed on page 2 of this guide that serves your location (under General Assistance and Resources) to assist you in locating this resource in your area.

Pierce County Veterans Bureau; 253-798-7449

- Rental, utility, and food assistance for homeless and low income vets in Pierce County.

Litter Credit Application (\$125 voucher for the dump) - 253-798-4636 or apply online:

<https://www.co.pierce.wa.us/index.aspx?nid=1578>

PARENTING / CHILDCARE / PREGNANCY

Good Samaritan (Multi-Care) Community Services Parenting Classes, 253-845-9177

- Provides a variety of classes in multiple locations in East Pierce County. Classes include Parenting with Love 'n Logic, Strengthening Families Parenting Class, Transition to Parenthood, Happiest Baby on the Block, Incredible Years, and support groups for ADHD and Relatives Raising Children. Please call for current schedule.

Triple P Parenting

White River Family Support Center, 27515 120th St. E., Buckley, 360-829-5883

Sumner Bonney Lake Family Support Center, 1518 Main St., Sumner 253-891-6150

- Offers answers to questions about a parenting. Call for a 10 minute consultation about a variety of common parenting dilemmas. Can refer to a parenting group or an in-home parenting curriculum.
- Focus is on families with children ages 12 years and under.

Readiness to Learn, Puget Sound Educational Service District; 253-798-7949, www.psesd.org

- Provides support services to families with K-12 children in all school districts. Includes helping families develop problem-solving skills, linking them with resources and encouraging ways to support their children in school.
- Can self-refer or refer through schools (call your school for more information). Services are free and voluntary.

Childfind - Sumner School District (253) 891-6036 / White River School District 360-829-3959

- Free developmental screenings for children between three and five years of age to determine if children are eligible for special services support. Assesses cognitive skills, communication skills, fine motor skills, gross motor skills, self-help skills and social/emotional skills. Screening appointment September – May.

Boost – A Step Ahead in Pierce County, 253-363-0570

- Provides support for children ages 0 – 3 and their foster parents or relative caregivers.
- Partnering with foster parents to support their child's strengths and challenges – at home, childcare, and during other times of change. Ensure that children have equal access to programs and services
- For information or to make a referral contact boost@asapc.org or call 253-471-2727

A Common Voice – 253-537-2145, www.acommonvoice.org

- Supporting Parents raising children with significant mental health needs. Family-driven and youth-guided care plans. Increase daily coping strategies, navigate child serving systems including school, juvenile court and mental health. Parent Support Groups, Workshops, and Individual Support. Will attend IEP's with parent if asked.

Early Head Start Home-Based Services; 253-778-7800, Puget Sound ESD, www.psesd.org

- Free comprehensive prenatal, infant, toddler (up to 30 mo) and family development program to eligible children & families.

READY! For Kindergarten; 253-891-4776, www.readyforkindergarten.org

- Offers age-appropriate targets, trainings and tools for parents and caregivers of children birth to five years that ensure children success when entering kindergarten. Volunteer opportunities available.
- **Sumner School District:** www.readyforkindergarten.org/sumner; Free classes free to parents/primary caregivers. Childcare provided (pre-registration required). Out-of-district families charged \$60 plus one-time \$25 fee for materials. For more information, contact Laurie Sjolund 253-891-4776 or laurie_sjolund@sumnersd.org. Volunteer opportunities available.
- **White River School District:** www.readyforkindergarten.org/wrsd; Free classes to parents/primary caregivers. Childcare is provided (pre-registration required). Out-of-district families charged \$60 plus a one-time \$30 fee for materials. Contact Shauna or Kelly at 360.829.3357 or email sperez@whiteriver.wednet.edu or kfitzpatrick@whiteriver.wednet.edu.

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PARENTING / CHILDCARE / PREGNANCY (Continued)

In-Home Nursing Support, Tacoma Pierce County Health Dept., 253-798-6404

- Public Health Nurse provides personal support, answers to questions and connections to available services in your area.

ECEAP (Early Childhood Education & Assistance Program); 253-798-7379, www.co.pierce.wa.us

- Offered through Pierce County Comm. Services, provides free services in local locations to eligible children & their families.

MOPS (Mothers of Preschoolers) –www.mops.org; Sumner – Faith Covenant Church MOPS group, 253-863-5101

- Serving moms w/children ages birth through Kindergarten. Currently meets every other Friday morning Sept – May.

Preschool Mom’s Group in Prairie Ridge; Hosted by Stacy Buchanan, Barnabas Ministries

- Meets the first Tuesday of every month in the Community Service Center (14104 Prairie Ridge Drive., Bonney Lake) from 10-11:30 AM.
- Volunteers play with preschool-aged children while moms enjoy beverages and snacks with a discussion.

Olive Crest Ministries, Safe Families for Children; 877-341-7332; www.safe-families.org; www.olivecrest.org

- For parents dealing with homelessness, jail time, drug addiction, sickness, hospital stays, no job or other crisis who need to give their child a safe place to stay.
- No cost to families. For children 0-18 yrs, any length of stay, no loss of parental rights.

Relatives Raising Children Support Group “It Takes A Village” – 253-862-5260

- For those who are raising the children of a relative.
- Meeting once a month on the 3rd Wednesday of the month from 5 - 6 pm at the Prairie Ridge Community Service Center located at 14104 Prairie Ridge Dr., Bonney Lake.
- Support, assist, and chat with one another about the gifts and challenges of raising a child. Free dinner at Rec Hall immediately follows (optional). Lead by Vivianna Winklestin, Family Support Worker.

Hope Sparks Family Services (Relatives Raising Children); Puyallup 253-565-4484, www.HopeSparks.org

- Provides support, Counseling, education and advocacy to strengthen relatives and non-relatives who have assumed care of children not theirs by birth and to keep these children with their family.

Care Net of Puget Sound, Pregnancy & Family Services, 253-941-2664, www.carenetsps.org

- Provides no-cost compassionate practical **care**, accurate information and life-affirming resources related to pregnancy, sexual health and abortion recovery. Parenting classes, pregnancy and STD testing, limited 1st trimester ultrasounds, childbirth education, baby boutique, options counseling, sexual risk avoidance, support groups, community referrals & resources, perinatal hospice support, & sex trafficking awareness.
- 24/7 Helpline 1-877-NOT-ALONE
- Closest locations in Federal Way (1414 S. 324th St, Ste B105) & Puyallup (11102 Sunrise Blvd E, Ste 107)

The Gabriel Project, St. Andrews Catholic Church, Sumner; 1-888-926-ANGEL; www.standrewsumner.org

- Parish based crisis pregnancy intervention, helping mothers or couples struggling with unplanned or difficult situations surrounding a pregnancy. Donate: gently used baby clothing, toiletries, diapers, formula, or monetary donations.

WIC (Womens, Infants, Children Nutrition Supplement Program); www.multicare.org/home/good-samaritan-wic

- Buckley; 127 N. River Ave., Buckley Hall; 253-829-0624; Wednesdays only 9am–4:45pm
- Bonney Lake; 10004 204th Ave. E., Ste 2300; 253-447-4769; Tues & Fri 8:45am–12:30pm & 1:15pm–4:45pm
- Provides food & vouchers for pregnant women, breastfeeding & postpartum women, infants, & young children.

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PARENTING / CHILDCARE / PREGNANCY (Continued)

Dolphin Club at Daffodil Valley Elementary School, Sumner; 253-891-4600, e-mail sara_gould@sumnersd.org

- A free after-school program for students attending Daffodil Valley Elementary. Focus on math and reading.
- Volunteer: 1 hr. a week by helping with one-on-one academic enrichment (4:15 – 5) or enrichment activities (5-5:45)
- Donate: Books, art supplies, Legos, K'nex, board games, puzzles.

After-School Club @ Bonney Lake Library, www.piercecountylibrary.org

- Every other Tues. 4:15–5:15 for K – 8th grade. Legos, laptops, button making, origami & more. Check schedule online.

Washington Homeschool Organization; www.washhomeschool.org (statewide non-profit membership organization)

Washington Teen Help .org, 1-800-322-2588, www.washingtonteenhelp.org

- Connects pregnant and parenting teens to health information, state benefit programs, and community-specific support resources.
- Also offers information and resources for all teens including topics such as relationships, dating violence, general and sexual health, pregnancy, parenting, legal resources, and planning for the future.

Child Protective Services - <http://www.dshs.wa.gov/ca/safety/abusereport.asp>, **Hotline** - call **1-866-ENDHARM** (1-866-363-4276)

- **Nights & Weekends** - call **(800) 562-5624** to report evening or weekends. Washington State's toll-free, 24 hour, 7 day-a-week hotline that will connect you directly to the appropriate local office to report suspected child abuse or neglect.

Child Care Resource & Referral for Tacoma-Pierce County; 253-591-2025, www.cityoftacoma.org/childcare

- Find child care and preschool resources throughout Pierce County. Assistance with finding care for special needs children.
- Information and training on becoming a licensed child care provider and supporting child care providers.

EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION

Pierce County Library Job Search & Online Job Coaching, www.piercecountylibrary.org.

- Job search services, resume writing, computer classes, and live online interview coaching.
- Free online job coaching available from your library or home computer. Sumner location has a Job & Business Center open to everyone.
- Job search workshops available at multiple locations. Please check online for class schedule.
- Lynda.com offers a selection of career development courses.

Coursera Online Courses (free), www.coursera.org

- Education platform that partners with top universities and organizations worldwide, to offer hundreds of courses online for anyone to take, for free. Watch short video lectures, take interactive quizzes, complete peer graded assessments, and connect with fellow learners and instructors.

Microsoft IT Academy offered through Pierce County Library, www.piercecountylibrary.org

- Offered online 24/7 for free in partnership with Microsoft and the Washington State Library.
- Develop computer skills, become proficient in Microsoft software, learn about web development and more.

Tech & Resume Classes FREE at the Pierce County Libraries; www.piercecountylibrary.org

- See website for classes, times & locations. Classes include Excel, Word, computer for beginners, internet, more.
- Learning Express Library online in math, reading, writing, and academic & occupational tests.

Universal Class by Pierce County Library; <http://piercecowa.universalclass.com>

Offers over 500 free online non-credit continuing education courses in a wide variety of topics

Food Card Class Online, Tacoma Pierce County Health Dept., www.foodworkercard.wa.gov

- Learn on-line, take the test, and pay \$10 for a card. Available in multiple languages.

WorkSource Online Job Search, 253-593-7303; 1305 Tacoma Ave. S., Tacoma; www.worksourcewa.com

- Find job openings, learn strategies for finding a job, help preparing resume, interview skills, & more.
- Online job matching through Monster.com at no charge.
- Onsite location offers workshops, computer and internet access, training programs, and more.

Jobs for Life, Love, INC, 253-531-2366, www.loveincpiercecounty.org/jobsforlife, located in Puyallup

- 16 week job training, Christian-based course - creates job skills and creates a networking support system.

WorkFirst, <http://www.workfirst.wa.gov>

- Helps parents get what they need to prepare for and go to work. A partnership between state agencies and communities to work together to provide the necessary services and resources families need to be successful.
- See if you qualify and apply online: www.washingtonconnection.org/home/

ResCare Workforce Services, 253-219-8772

- Provides free on the job training, education, support services, case management and employment preparation for 16 – 24 year olds in Pierce County. Priority to low-income, disabled, homeless, drop-out, single parent, IEP. Transportation, GED, work and interview clothes, resume writing, individualized goals & resources, and more.

VADIS for people with disabilities, 1701 Elm St., Sumner; 253-862-5173; www.vadis.org

- Providing people with disabilities with employment opportunities.

Courage 360 (formerly WA Women's Employment and Education), 253-474-9933; 3516 S. 47th, Suite 205, Tacoma; www.courage360.org

- Provides job readiness, computer skills training, and housing support services to low-income women. Employment services and paid internships offered throughout Pierce County for qualified individuals.

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EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION (Continued)

Employment Pipeline, DSHS, 360-704-0936 or 360-515-8903

- Pathways to employment for DSHS clients.
- Experienced case workers work with clients, employers and educators and other support staff to provide services needed to succeed at finding employment in a new job.

Suited for Success, a program of Phoenix Housing Network, 253-471-5340, www.ccsww.org

- Offers weekly workshops for low-income men and women seeking employment. Includes effective communication, interview and workplace behavior, and selecting interview attire at the on-site boutique.
- Donate: Suits and professional clothing.

Senior Community Service Employment Program, Goodwill, 253-573-6792 www.goodwill.org/scsep

- Serves: 55+, unemployed, low-income (125% of poverty) in Pierce County
- Provides temporary, subsidized job training and community service work placement 20 hrs a week.
- Looking for nonprofits & agencies to place individuals in internships at no charge.

The Road to Independence CDL Program (Puget Sound ESD), Samantha Jolin sjolin@psesd.org or 253-778-7958

- Earn Class B CDL with School Bus and Passenger Endorsements through Volunteer work. Volunteer 120 hours of time (about 3 months) and you will be offered a spot in the CDL class (one week classroom and three weeks on the road). Always looking for Sub Bus drivers, so there is employment opportunities with the organization.
- Sponsored by Puget Sound Educational Service District.

Building Beyond the Walls; www.BuildingBeyondTheWalls.org, 425-346-2064, Sue@BuildingBeyondtheWalls.org

- Provides free basic construction skills training, teaching the basics of construction through a series of hands-on training classes where a small building is completed to benefit a local non-profit or organization.
- Serves adults and youth 16 and over of all abilities.
- Volunteer/Donation: Construction contractors as instructors, donate materials and funding.

Treehouse w/Pierce County Library: https://teamtreehouse.com/gateways/pierce_county_public_library/signup?

- Courses teach you the skills necessary to build your own websites and apps
- Treehouse partnered with Pierce County Public Library to provide free accounts for active cardholders. Don't need to be at the library to use your account. Once you've signed up you can access our courses from any device

Public Education Programs at East Pierce Fire & Rescue, 253-863-1800, www.EastPierceFire.org

- CPR & First Aid Classes available monthly for \$15. Safe Sitter Classes \$40. Free fire extinguisher training, smoke alarm installation, bicycle helmet sales/fitting, child car seat inspections, and life jacket sales & loaner program.

Tacoma Area Literacy Council (TALC) serving East Pierce County Residents; 253-272-2471, www.tacomaliteracy.org

- Provides free one-on-one tutoring in basic literacy skills and English as a Second Language (ESL) to adult learners.
- Tutor & learner meet at convenient times in a public location. Lessons are confidential and goal oriented. Volunteer: Tutors needed, free training provided.

ANEW; <http://anewaop.org/programs/pre-apprenticeship-trades-rotation-training-program>,

- Pre-apprenticeship Trades Rotation Program (Training) offers an 11 week, part-time, high quality pre-apprenticeship training in Renton and Tacoma, that helps women enter non-traditional careers in construction trades and manufacturing. Trades Rotation Program helps adults gain the technical skills needed to be competitive for an apprenticeship opportunity.

Adult Basic Education at Pierce College, Call 253-840-8455 for more information

- Day and evening classes are available. Please call for the schedule. Tuition is \$25 per quarter.

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EMPLOYMENT / JOB PREPARATION / TUTORING / CONTINUING EDUCATION (Continued)

YOUTH TUTORING RESOURCES

Free Online Homework Help for Students, Pierce County Library, daily 1pm-10pm,
www.piercecountylibrary.org.

- Expert Tutor helps with English, language arts, math, science, social studies, and more
- Available from your library or home computer.

Village Tutors at Buckley Youth Center, 251 S. River Ave., Buckley; 360-829-6534

- Free Comprehensive tutoring services for youth who live in White River School District. Takes Bonney Lake students as space allows.
- Math camps offered in the summer.
- Mondays, Tuesdays and Wednesdays from 4:30 to 6:00 pm when school is in session.

Bonney Lake High School & Mountain View Middle School Activity Bus,

- Monday – Thursday. Route Schedule:
<http://www.sumnersd.org/.../Bus%20Rout.../MMSBHSActivityBus.html>

SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY

Calvary Community Church Support Groups & Care Ministries, 15116 Gary St., Sumner; 253-863-3352; www.wearecalvary.com

- Most groups meet Monday evenings at 7pm. Optional dinner and worship at 6:30.
- Grief Share for individuals experiencing loss; HOPE (Healing Our Pain Everyday) for women dealing w/ depression & anxiety; Pure Desire to help men break free from sexual addiction; Betrayal & Beyond for women who have been betrayed in relationships; Rugged Cross Mentoring for couples wrestling with life issues; Celebrate Recovery for chemical dependency, co-dependency, sexual addition, or food addiction; The Landing for teens dealing with substance abuse.
- Funeral or Memorial at no cost – call church at 253-863-3352 to check facility availability and connect with the Service Coordinator.

New Freedom Recovery Center, 10215 214th Ave. E., Bonney Lake; 253-862-7374; www.freedomrecoverywa.com

- Substance abuse outpatient care, special groups and programs for adolescents, persons with co-occurring mental and substance abuse disorders, and DUI and DWI offenders. Private insurance or sliding fee scale.

Enumclaw Youth & Family Services, 360-825-4586, 1356 Cole St., Enumclaw, www.ayr4kids.org

- Offers individual and family counseling including youth behavior therapy, anger management, substance abuse assessments, DBHR certified outpatient drug & alcohol groups, and outreach services.
- Enumclaw Family Housing complex for low-income w/case management and support services for South King & North Pierce residents.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- Child & Adolescent Services meets the unique needs of children and adolescents exhibiting problems of mood, behavior or adjustment, which are adversely affecting their sense of self-worth and/or their functioning at home, school or community.
- Adult Community Support Services are individually tailored for adults with severe, long-term mental illness and for children and adolescents with significant emotional or behavioral problems.
- Family Therapy helps a child or teenager having emotional or behavioral problems is often best done with the whole family working together with a mental health therapist.
- Domestic Violence Counseling provides specialized counseling for those who have experienced physical, verbal and/or emotional violence in their relationships.
- Older Adult Services provides support to older adults and their caregivers who are experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.
- Adult Outpatient Chemical Dependency Program serving adults with private and DSHS insurance. 253-697-8420
- Walk-In Clinic for adults and children w/Medicaid or Healthy Options. Located at 325 E. Pioneer, Puyallup. 253-697-8400 for more information.

Recognizing Grief, CHI Franciscan Enumclaw, 253-548-4627

- Grief support group, registration not required but recommended.
- 1st and 3rd Mondays from 1 – 2:30 pm at St. Elizabeth Hospital Garden Room.

Exodus Counseling & Treatment Services, 253-891-2662; 918 Alder St., Sumner, email exoduscounseling@comcast.net

- Services: marriage & family, OCD, PTSD, addiction, mental health, court ordered and voluntary treatment, life coaching.
- Adult and adolescent services. Some insurance accepted, income sensitive.

Absolute Ministries, 877-306-5799, info@absoluteministries.org; www.absoluteministries.org

- Provides faith-based, positive housing to Christian men who have completed drug or alcohol rehab. Men will make a commitment to lead a substance free life, in an atmosphere that focuses on accountability, integrity, character, transparency, and responsibility.

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SUPPORT GROUPS / CARE MINISTRIES/ COUNSELING/ADDICTION & RECOVERY (Continued)

Life Change Christian Counseling, 253-310-0350, www.lifechnagenw.org

- Offering help to those who are in crisis and cannot afford counseling.

School-Based Drug & Alcohol Counselors, located at schools in all districts.

- Drug and alcohol counseling and pre-screening appointments are available to students through their guidance office, counselors or administration. Please contact child's school for more information.

Area Support Groups (Several groups in the area, please call for detailed information and meeting locations)

- Alcoholics Anonymous: 253-474-8897
- Narcotics Anonymous: 253-531-8792
- Al-Anon and Ala-teen: 800-726-8094
- Celebrate Recovery:
 - Sumner Assembly of God on Fridays at 6pm;
 - Church on the Hill in Bonney Lake on Saturdays 6pm;
 - New Hope at 18408 S. Tapps E., Bonney Lake, on Saturdays 6pm;
 - Freedom Recovery Center, Bonney Lake, on Saturdays;
 - Calvary Community Church, Sumner, on Mondays at 7:00pm, optional dinner at 6:30pm.
- CARE – Chemical Abuse Resource & Education (information & referral): 253-572-2273

Battlefield Addiction, (253) 334-2233, www.battlefieldaddiction.com

- Serves Military (retired and active duty) - Reconnecting the family, the addict and the community. Empowering families through straight forward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

Salvation Army Community Center; 253-841-1491, 4009 9th St. SW, Puyallup

- Food pantry, senior center, clothing, addition help and general assistance offered.

Absolute Ministries, (877) 306-5799, 1402 Lake Tapps Parkway E., Auburn, www.absoluteministries.org

- Provides faith-based positive housing. Individuals will make a commitment to lead a substance free life, in an atmosphere that focuses on Jesus; while developing accountability, integrity, character, transparency, and responsibility. Making recovery sustainable for individuals that have completed a drug or alcohol inpatient program.

Rainier Foothills Wellness Foundation; <https://www.rfwellnessfoundation.org/initiatives/mental-health-task-force/>

- Provides classes and provides information online about Mental Health and resources.
- 360-802-3206 or email shellyp@rfwellnessfoundation.org

Prevention Coalition (Online Info & Resources) – An informational site designed to educate parents, teachers and concerned community members about teen drug use and ways to prevent it. www.thepreventioncoalition.org

Hoarder Support Group, 253-642-6108 <http://thehoardingproject.org/home/>

Crisis Lines

- National Suicide Prevention Lifeline: 800-273-TALK
- Pierce County Crisis Line: 800-576-7764
- King County Crisis Line: 866-427-4747
- Veteran Crisis Line: 800-273-8255
- LGBTQ Support: 866-488-7386
- Teen Link Help Line: 866-TEENLINK
- Washington Recovery Help Line: 866-789-1511
- Sexual Assault Crisis line: (800)756-7273

DOMESTIC VIOLENCE / ABUSE

Exodus Housing, P.O. Box 1006, Sumner, WA 98390; 253-862-6808, www.exodushousing.org

- Serves: Homeless families with children who have been impacted by domestic violence; permanent housing, tailored strength-based empowerment model of case management, and family renewal services.
- Donate: Household supplies, money, gift and gas cards, toiletries, diapers size 4 - 6.
- Volunteer: Have an essential needs drive w/ friends or coworkers. Language interpreting and translation.

Domestic Violence Housing Services (Please call for detailed information)

- Associated Ministries Housing & Shelter Services, 253-383-3056 ext.111: 14 Pierce County shelter programs, severe weather shelter programs, information on available shelter beds & rentals assistance, Open Hearth Ministries case management. www.associatedministries.org
- Helping Hand House, 253-848-6096 ext. 12: Transitional housing for homeless with children, rapid rehousing, emergency housing. www.helpinghandhouse.org
- Phoenix Housing Network, 253-471-5340: Housing for families with children under 18. www.ccsww.org
- YWCA Domestic Violence Shelter, 253-383-2593: Housing for domestic violence. www.ywcapiercecounty.org
- Family Renewal Shelter, 253-475-9010 (24 hr crisis line); Emergency advocacy and transportation for women & children in immediate danger, case management, transitional housing. www.domesticviolencehelp.org

Good Samaritan Domestic Violence Victim Services (located in Puyallup) 253-445-8120

- Services: Specialized counseling, weekly support group, education, and support, advocacy, information and referral. For those who have experienced physical, verbal and/or emotional violence in their relationships.

Crystal Judson Family Justice Center & Helpline, 253-798-4166, www.familyjusticecenter.org

- Offers wide array of social services and government assistance to victims of domestic violence.

Washington State Domestic Violence Hotline: 800-562-6025 **National Domestic Violence Crisis Line**: 1-888-550-3915

Sexual Assault Center of Pierce County, 24 hour crisis line (800)756-7273, 253-597-6424

COMMUNITY COALITIONS

Sumner/Bonney Lake Communities for Families Coalition (CFF), Meets 1st Thurs., 3:00 at Gordon Family YMCA, Sumner; 253-891-6032. Website: <https://www.sumnersd.org/domain/437> and on Facebook.

- Goals: Identify community assets & needs, link resources, services & activities, support family-related activities.
- Activities/Volunteer: Youth forums, Community Summit, Drug Free Communities Coalition, Unsung Hero Award, and support activities benefiting youth and families.

Prairie Ridge Community Coalition, Meets 2nd Tuesdays, 10 am at Prairie Ridge Comm. Service Cntr, 14104 Prairie Ridge Dr., Bonney Lake; 360-897-8378; Find on Facebook www.facebook.com/pages/Prairie-Ridge-Community-Coalition

- Promote partnerships to provide programs and resources for youth and families, including weekly hot meal site, school supply distribution, National Night Out, holiday events, activities for youth & families, summer activities for children, Parks Action Team, community safety events, networking.
- Donate: Christmas stocking stuffers & candy, school supplies, dinner service supplies, summer activity supplies.
- Volunteer: Seeking partners to sponsor youth & family programs and assist at existing events. Help elderly and disabled with yard work.

White River Families First Coalition (FFC), Meets 4th Mondays, 3:30 at the Buckley Fire Station, 611 S. Division St., Buckley; 253-829-0600. On Facebook www.facebook.com/pages/White-River-Families-First-Coalition

- Promotes activities and partnerships that support the health and human services needs of individuals, youth and families in order to strengthen White River communities. Website: www.whiteriver.wednet.edu, click "departments" then "Family Support Services" then "Families First Coalition".

Rainier Foothills Wellness Foundation, 360-802-3206, 1675 Cole St., Enumclaw, www.rfwellnessfoundation.org

- Initiatives include Foothills Healthy Community Coalition (Drug & Alcohol), Mental Health Task Force, LINCKK (Violence Prevention), Care Van, Dental Van, and Neighbors Feeding Neighbors.

VETERANS RESOURCES

Pierce County Veterans Bureau, (253) 798-7449, 1305 Tacoma Ave S, Suite# 104, Tacoma

- Provides emergency assistance with food, rent and utilities to qualified indigent veterans and family members. Limited assistance with medical, burial and is available on an emergency need basis.
- Offers the Incarcerated Veterans Reintegration program.

WA State Dept. of Veterans Affairs, 1-800-562-2308, www.dva.wa.gov, 1102 Quince St SE, Olympia

- Provides information on benefits, programs and services.
- Homeless vets reintegration project in partnership with WorkSource.
- Statewide PTSD Resources <http://www.dva.wa.gov/benefits/ptsd>

U.S. Dept. of Veterans Affairs, 1-800-827-1000, www.va.gov

- Provides access to all benefits, healthcare, burials and memorials, job assistance, home loans, education, etc.

Veteran's Independent Enterprises of Washington; (253) 922-5650, 4630 16th St E, Suite B, Fife.

www.veteransworkshop.org

- Private not for profit organization committed to helping Veterans by providing work opportunities, transitional housing and supportive services. Helping veterans transition from homelessness, incarceration and/or economically disadvantaged situations.

Catholic Community Services SSVF Program; 253-471-5340; 5050 S. Tacoma Way, Tacoma

- For Vets - Provides case management to develop housing stability plan, address issues such as employment, benefits, financial planning transportation, and childcare. Rapid rehousing provides short-term assistance.

American Legion Outreach Services for Veterans; 253-536-6999

Salvation Army Community Center; 253-841-1491, 4009 9th St. SW, Puyallup

- Food pantry, senior center, clothing, addition help and general assistance offered.

Battlefield Addiction, (253) 334-2233, www.battlefieldaddiction.com

- Serves Military (retired and active duty) - Reconnecting the family, the addict and the community. Empowering families through straight forward approach, providing expert guidance and a lifetime network of support services. Offers support groups and family workshops.

Lions Project New Hope Northwest; 337-516-8738, <http://lionsprojectnewhopenw.org/>

Offers free counseling workshops and retreats/camps with family to help manage transitional issues.

National Call Center for Homeless Veterans: Available 24/7 - 1-877-424-3838

Disabled American Veterans – 253-472-4680

Veteran Crisis Line: 800-273-8255

Free and Reduced Resources:

- Disabled Veterans Plates (no cost), WA State Licensing: <http://www.dol.wa.gov/vehicleregistration/spdav.html>
- Veteran's Designation on Driver's License: <http://www.dol.wa.gov/driverslicense/military.html>
- Reduced Fishing & Hunting License for persons with disabilities: <http://wdfw.wa.gov/accessibility/>
- State Park Passes for disabled veteran lifetime pass: <http://parks.state.wa.us/205/Passes>
Applications mailed to you, call (360) 902-8500 or available online.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - <http://parks.state.wa.us/205/Passes>. Gives 50% discount on nightly camping / moorage for qualified residents.
- Federal Parks Passes - free for active duty & vets: <https://www.nps.gov/planyourvisit/passes.htm>
- Blue Star Families – www.bluestarfam.org Provides free family admissions to museums in summer; participating movie theaters provide free or discounted admission; gives books to military children. www.blustarfam.org
- Northwest Military - www.northwestmilitary.com; Free online news, events and activities for active duty and vets.

SENIOR AND DISABLED RESOURCES

Resource Guide for older adults in Pierce County: <http://www.co.pierce.wa.us/1992/All-Resources>

Aging & Disabilities Resource Center (ADRC of Pierce County); (253)798-4600

<http://www.co.pierce.wa.us/1986/Aging-Disability-Resources>

- Provides an access point for those seeking information and assistance regarding programs or services available to older adults or adults with disabilities. Helping older adults and individuals with disabilities remain safe in their homes. Community Connections, Advocacy and Complaints, Family Caregiver Support, Long-term Care Ombudsman, Resources and more.

HEROS (Helping Elders Through Referral and Outreach Services – MultiCare Older Adult Services), 253-445-8120

- Older adult services provides support, including in-home services, to older adults and their caregivers experiencing many of the difficulties common to their age group, including depression, anxiety, dementia, behavioral disturbances, grief and loss.

Good Samaritan Behavioral Health, 253-445-8120; www.multicare.org/goodsam

- Older Adult Services provides support to older adults and their caregivers, including depression, anxiety, dementia, behavioral disturbances, and grief and loss.

Local Senior Centers offer a wide range of classes & activities, social & healthcare services, special events, trips & charters, senior van transportation, resources and much more!

- Bonney Lake Senior Center, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658; www.cityofbuckley.com
- Sumner Senior Center, 15506 62nd St. Ct. E., Sumner; 253-863-2910; www.sumner.gov
- Buckley Senior Center, 811 Main St., Buckley; 360-829-0190; www.citybonneylake.org

Lutheran Community Services – Senior & Disability Services – 253-272-8433, www.lcsnw.org/tacoma

- Senior Companion Program – Volunteers help seniors with companionship, appointments, etc.
- Meals on Wheels – Call 253-722-5684
- Home Care Program – Provides assistance to stay in home and live comfortable, healthy lives. 253-272-8433
- Retired & Senior Volunteer Program (RSVP) – volunteer opportunities to give back in their community 253-722-5694

Volunteer Chore Service, Catholic Community Services, 253-502-2690, www.piercecountyrises.com or www.ccsww.org

- Serves: Individuals with limited transportation options due to physical or mental disabilities have no family or neighbors to assist them, live outside of public transit service areas and/or cannot afford transportation services. May also serve older adults who are not low income who live in rural areas, can no longer safely drive, & have no other transportation options.

Neighbors Feeding Neighbors for homebound seniors on the Plateau presented by Rainier Foothills Wellness Foundation, 360-825-4741

- Provides home delivered meals to homebound seniors residing on the Plateau. Each meal costs \$5.00 which NFN leaders are asking the senior, or their family to pay if possible. No senior turned away because of inability to pay.

Home Delivered Meals from Catholic Community Services, 253-474-1200, www.ccsww.org

- Provides free home-delivered meals to elderly in Pierce County who are unable to leave their homes to shop or find it difficult to prepare meals. Must be home-bound, do not drive or live with someone who drives. Meals are frozen.

Senior Farmers Market Vouchers, Pierce County Aging & Disability Resource Center, 253-798-4600

- Provides low income 60+ seniors with vouchers to purchase produce from participating farmers markets and roadside stands. Must be able to pick up vouchers in person at local locations.

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SENIOR AND DISABLED RESOURCES (Continued)

Senior Center Lunch Programs:

- Bonney Lake Senior Center Lunch Program, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658. Lunch served Monday – Friday at 11:45 am, \$4 suggested donation (\$6 for non-seniors under 55).
- Sumner Senior Center Lunch Program, 15506 62nd St. E., Sumner; 253-891-2910. Lunch served Monday – Friday at 11:45 am, \$3 suggested donation (\$5 for under age 60). Meals on wheels available.
- Buckley Senior Center Lunch Program, 811 Main St., Buckley; 360-829-0190. Lunch served Monday – Friday at noon, \$3 suggested donation (\$5.75 for those under 60).

Rebuilding Together South Sound, 253-238-0977, Pierce County residents, www.rebuildingtogetherss.org

- Provides: Low-income homeowners who are seniors or disabled with no-cost home repairs & modifications.

Pierce County Housing Program Home Repair; 253-798-7038, www.co.pierce.wa.us/index.aspx?NID=1283

- Addresses emergency health and safety issues including repairs for appliances, plumbing, roof, furnace and more.
- **Disability Home Repair Program**: 253-798-4344, www.co.pierce.wa.us/index.aspx?NID=1276

Shared Housing Services, 253-272-1532; www.sharedhousingservices.org

- Facilitates matching those who wish to share their homes with those needing low-cost housing. Focus on low income adults, elderly, and disabled.

Care Van, Rainier Foothills Wellness Foundation, 360-284-2444, www.rfwellnessfoundation.org

- Serves: Anyone who lives in the areas of Buckley, Carbonado, Willkeson, & Enumclaw who displays hardship for transportation who needs to get to appointments and medical-related issues only (non-emergency appointments, physical therapy, eye exams, chiropractic, prescription pick-up, etc.) at no cost. Available Monday/Wednesday/Friday 9am – 4pm and Tuesdays/Thursdays 9am – 2pm. Wheelchair accessible. Call 2 - 14 days in advance of appointment.

Beyond the Borders Essential Transportation Project, Pierce County Human Services, (253) 476-4657

<http://www.co.pierce.wa.us/index.aspx?NID=1269>

- Provides: Free transportation to essential services for seniors and disabled in East Pierce County. Available Monday through Saturday 6 am to 10 pm.
- Three round-trip door-to-door rides provided per month to local food banks, family support centers, clothing banks, non-Medicaid medical appointments, etc. Trip requests to destinations outside the area will be transported to nearest bus stop connection. Service from Buckley to Plateau Outreach Ministries in Enumclaw is also available. All riders must complete an eligibility screening to use the service.

Paratransit Services, 1-800-925-5438, www.wanemt.com

- Provides transportation services for non-emergency medical appointments for elderly, disabled, economically disadvantaged individuals who have a Medical Assistance card (DSHS Provider One ID) and have no other way to get to a medical appointment.
- Cabulance, transit fare, volunteer drivers, shared ride, and fuel or mileage reimbursement options.

Medical Equipment Lending Closet at Senior Centers – assistive equipment available at no charge

- Bonney Lake Senior Center, 19304 Bonney Lake Blvd.; 253-863-7658; www.ci.bonney-lake.wa.us
- Buckley Senior Center, 811 Main St., Buckley; 253-829-0190; www.cityofbuckley.com

UTILITY ASSISTANCE:

Offers utility discounts to low income seniors and persons with disabilities

- **City of Buckley**: Complete details and applications at the Buckley Multi-Purpose Center or at the City Offices.
- **City of Bonney Lake**: Apply online at <http://www.ci.bonney-lake.wa.us/UserFiles/File/Forms/Finance/SeniorDiscountRequest.pdf>

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SENIOR AND DISABLED RESOURCES (Continued)

Property Tax Relief (Pierce County) for Seniors & Disabled, www.co.pierce.wa.us/index.aspx?nid=702

- This program is available to citizens who are at least 61 years old on December 31 of the year they apply or retired from regular gainful employment by reason of a disability, with an income of \$40,000 or less.

Free Tax Preparation Assistance, more info and schedule at www.AARP.org and www.southsoundoutreach.org

- AARP & VITA sponsored February – April at various locations (usually Bonney Lake & Buckley Senior Centers).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com

Lifeline Free Cell Phone Programs: <https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program>

- A government benefit program that provides discounts on monthly telephone service for eligible consumers living on low incomes to help ensure they have the opportunities and security that telephone service affords, including being able to connect to jobs, housing, family and 911.
- Assurance Wireless (from Virgin Mobile), Budget Mobile, SafeLink Wireless (from Tracfone) and YourTel Wireless all offer a free, basic cell phone and 250 free minutes every month, plus free voice mail, caller ID and call waiting. Low-cost additional minute packs can be purchased online, by phone and at stores. The phones come with one year of service, one month's free minutes, and new free minutes are added each month.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

Caregiver Support Education Seminars at Enumclaw Senior Center; 360-825-0280 to reserve seat (open to all)

- Free classes usually held on the 2nd Wednesday at noon. Sponsored by Living Court Assisted Living Community.

Caregiver Support Group at St. Elizabeth Hospital, Enumclaw; Info and RSVP at 253-534-7016

- Held on the first and third Thursdays of each month from 1 – 2:30 pm.

Alzheimer's & Dementia Informational Classes at Expressions of Enumclaw

- Free classes usually held on the 4th Thursday at 2 pm at 2454 Cole St., Enumclaw. RSVP 360-825-4565

More Contacts for Senior & Disabled:

- Adult Protective Services: 206-341-7660, www.dshs.wa.gov
- Medicare/Medicaid Fraud Report: 800-447-8477
- Medicare Part B Hotline: 800-633-4227
- Medicare Beneficiary Helpline: 800-445-6941
- SHIBA Helpline (Statewide Health Insurance Benefit Advisors): 800-562-6900
- Pierce County Long Term Care Ombudsman: 253-798-3789
- Alzheimer's Association: 800-272-3900
- Alzheimer's Resource Center & Elder Care at Good Samaritan Hospital: 253-697-8575
- Crime Stoppers Crimes Against Seniors: 253-591-5959
- Talking Book & Braille Library: 206-615-0400, 1-800-542-0866
- Department of Services for the blind: 253-586-4417
- Pierce County Coalition for Developmental Disabilities: 253-564-0707, <https://www.pc2online.org>
- "55 Alive" Driving Improvement Program with AARP: 888-227-7669
- Senior Community Service Employment Program: 253-573-6759
- SHAG (Senior Housing Assistance Group): 888-450-7424, www.housing4seniors.com
- CLEAR Senior (Free Senior Legal Services for age 60+): 888-387-7111
- Celebrate Seniority (local volunteer opportunities for 55+) MultiCare Program: 253-697-7385
- RSVP - Retired & Senior Volunteer Program – (local volunteer opportunities for 55+): 253-722-5694
- www.SeniorHomes.com – helps locate independent living, assisted living, and other retirement communities.
- WA State Parks Senior Citizen (62+) Limited Income Pass (no charge) - <http://parks.state.wa.us/205/Passes>. Also provides a 50% discount on nightly camping / moorage for qualified residents.
- Reduced Fishing & Hunting License for persons with disabilities: <http://wdfw.wa.gov/accessibility/>

More Organizations Serving NE Pierce County (on location)

Washington Masonic Charities Outreach Services, 844-288-3531

- Provides one-time limited needs assistance and emergency funds for elderly, disabled, and those in need, including minor home modifications, repairs, and more. Call for more information on individualized services.

Love, INC Pierce County, 10213 139th St. Ct. E. #81, Puyallup, www.loveincpiercecounty.org

- Client Line: 253-531-2366; Church/Volunteer Line: 253-531-2365; Partial applications available online.
- A network of Christian churches working together to help those in need in our community.

Need A Break Services, (253)353-7056, www.needabreak.org

- Provide direct service through home repairs, vehicle repairs, and other gifts. Primary focus is on single mothers and the elderly. Apply online. They work with charity partners to organize volunteers and provide donations.

Safe Streets, Uniting Neighbors Against Crime, 253-272-6824; www.safest.org

- Empowers individuals, families, youth, neighborhoods and organizations to create safe neighborhoods through block watch training and groups. National Night Out the first Tuesday in August.

Metro Animal Services, www.metroanimalservices.org and 253-299-PETS.

- Serve the people and pets of Sumner and Bonney Lake (plus Puyallup, Algona, Milton, Edgewood and Pacific)
- Friends at Your Metro Animal Services (FAYMAS) www.faymas.org, offer occasional specials to help pet owners, including reduced adoption fees for older pets or free microchipping (call for current specials).

Pasado's Safe Haven Pet Spay/Neuter; www.pasadossafehaven.org

- Offers low cost or free pet spay and neuter services in a mobile van in Sumner, Buckley, Orting, & Bonney Lake.
- See website for specific information, registration, locations & instructions

Pet Food Bank – Pasado's Safe Haven; www.pasadossafehaven.org

- Owners must agree to spay and neuter any unaltered animals within your household to participate.
- Must be a participant of (or have applied to) Pet Food Bank Incentive Program to receive food for your pet.
- Closest distribution location is Orting Food Bank on 4th Wednesdays at noon.

Legal Assistance: Washington LawHelp, www.washingtonlawhelp.org or CLEAR www.nwjustice.org

- Assists low-income individuals solve legal problems – much of the information is online and accessible to everyone. Printable forms, videos and other self-help forms. Very low income individuals can get assistance on non-criminal issues from CLEAR at www.nwjustice.org or 1-888-201-1014

Reach Enumclaw Free Legal clinic, Enumclaw Library, 1700 1st St., Enumclaw

- Open to all on a first come first served basis on the second & fourth Thursday of the month, 5:30pm to 7:30pm.
- Offers a free 30 minute consultation via computer with a volunteer attorney from King County.
- Washington attorneys will meet with clients via the Internet for a half hour to consult on legal issues including: family law, landlord tenant, creditor debtor, contract disputes, discrimination, wills and estate planning, and others. Criminal case related matters may be reviewed if there is no current case pending. They also offer referrals to other agencies that may resolve client's problems.

Free Tax Preparation Assistance, more info and schedule at www.AARP.org and www.southsoundoutreach.org

- AARP & VITA sponsored February – April at various locations (usually Bonney Lake & Buckley Senior Centers).
- Can also file for free online www.myfreetaxes.com, www.irs.gov, or www.turbotax.com

School Supplies –See agency information located in this resource guide for the following organizations: Sumner/Bonney Lake Family Center, White River Family Support Center, Lions 4 Kids House, Donald Loomis Clothing Bank, Bonney Lake Seventh Day Adventist Clothing Bank and Prairie Ridge Community Coalition.

(CONTINUED ON NEXT PAGE)

More Organizations Serving NE Pierce County (on location)

Christmas Holiday Resources

- **Buckley Christmas Giving Tree sponsored by City of Buckley Firefighters Assn** – Applications available at fire station and with school counselors. Serves 98321, 98323, 98396. Preschool aged children are eligible. 360-829-1441 or email buckleyfd@cityofbuckley.com
- **Sumner's Toy Box** sponsored by Sumner Police Dept. In partnership with the Sumner-Bonney Lake Family Center, East Pierce Fire & Rescue, & Toys for Tots. Students in Sumner School District and located in Sumner should contact their school counselor to sign-up. 253-299-5662, http://www.sumner.gov/Government/Police/Sumner_police_toys.htm
- **Bonney Lake Giving Tree** sponsored by Bonney Lake PD. Sumner-BL Family Center, East Pierce Fire & Rescue & Toys for Tots. Students in Sumner School District and located in Bonney Lake should contact their school counselor to sign-up.
- **Calvary Community Church Giving Tree, Sumner**, takes referrals, 253-862-3352 www.wearecalvary.com
- **Forgotten Children's Fund** 253-857-4619, apply online for help: www.forgottenchildrensfund.org/RequestHelp
- **Northwest Santa** (visit from Santa and a present) for Bonney Lake, Sumner, Orting families www.nwsanta.org

Thanksgiving Holiday Resources

- **Big Give - Bonney Lake & Sumner** for families living in Sumner School District. Vouchers available at school counselor offices and at Bonney Lake Food Bank and Emmanuel Food Pantry. Distribution on Saturday prior to Thanksgiving at Walmart Garden Center and Fred Meyer, Sumner. Sponsored by Open Life Church. www.CommunityBigGive.com
- **Plateau Outreach Ministries Thanksgiving Food Bank** – serves families in Enumclaw and White River School District (except 98391 area). 360-825-8961 www.plateauoutreach.org

Important Pierce County Contacts:

- Report illegal drug activity in unincorporated Pierce County confidentially online directly to the Pierce County Sheriff's Department: <https://yakima.co.pierce.wa.us/PCSDTips/index.cfm?TipType=Drug>
- Registered Sex Offender Search, by community or address: www.sheriffalerts.com/cap_main.php?office=54483
- Neighborhood Crime Statistics for Pierce County: www.piercecountycrime.com
- Pierce County Responds (illegal dumping, junk vehicles, land use, etc.): 253-798-4636, www.piercecountyresponds.org
- Pierce County Request For Action (Potholes, broken signs, road maintenance, etc.): www.piercecountywa.org/rfa
- TPC Health Dept. Environmental Health Program: 253-798-6047, www.tpchd.org/environment
- Pierce County Animal Control 253-798-7387 www.co.pierce.wa.us click on "Safety" on top then "Animal Control"
- Pierce County Sherriff Non-Emergency 253-798-4721
- Children's Protective Services: 24 hour report line 800-422-7880
- Adult Protective Services: 206-341-7660, www.dshs.wa.gov
- Pierce County 24 hour Crisis Line: 800-576-7764

The following local organizations offer a wide variety of services, activities and/or volunteer opportunities. Please contact them for more information:

City of Bonney Lake, 9002 Main St. E., Bonney Lake; 253-862-8602, www.ci.bonney-lake.wa.us

City of Sumner, 1104 Maple St., Suite 253, Sumner; 253-863-8300, www.sumner.gov

City of Buckley, 933 Main St., Buckley; 360-829-1921, www.cityofbuckley.com

Sumner/Bonney Lake Recreation Department, 1202 Wood Ave., Sumner; 253-891-6000, www.sumnersd.org

White River Community Activities Program, 250 W. Main St., Buckley; 360-829-3366, www.whiteriver.wednet.edu

Buckley Youth Activity Center, 251 S. River Ave., Buckley; 360-829-1921, www.cityofbuckley.com

White River Community Activities Program, 27515 120th St. E., Buckley, 360-829-3366, www.whiteriver.wednet.edu

Gordon Family YMCA, 16101 64th St. E., Sumner; 253-826-9622, www.ympack.org/gordonymca

Bonney Lake Library, 18501 90th St. E., Bonney Lake; 253-548-3308; www.piercecountylibrary.org

Sumner Library, 1116 Fryar Ave., Sumner; 253-548-3306; www.piercecountylibrary.org

Buckley Library, 123 S. River Ave., Buckley; 360-548-3310; www.piercecountylibrary.org

Friends of the Library: Buckley 360-829-0300 / Bonney Lake 253-548-3308 / Sumner 253-548-3306

Bonney Lake Senior Center, 19304 Bonney Lake Blvd., Bonney Lake; 253-863-7658; www.cityofbuckley.com

Sumner Senior Center, 15506 62nd St. Ct. E., Sumner; 253-863-2910; www.sumner.gov

Buckley Senior Center, 811 Main St., Buckley; 360-829-0190; www.citybonneylake.org

Cedar Ridge Retirement & Assisted Living, 9515 198th Ave E., Bonney Lake; 253-299-6461

Bonney Lake Lions Club, Club meets 2nd & 4th Thursdays at 7pm. www.bonneylakelions.com

Kiwanis Club of Bonney Lake, Service club meets at Bonney Lake Senior Center Tuesday mornings at 7:00am

Rotary Club of Sumner, meets Tuesdays at 12 noon at Puyallup Elks Club. 253-862-1818; www.rotaryclubofsumner.org

Buckley Kiwanis Club, Service club meets 1st & 3rd Thursday at 6:45 am at the Buckley Eagles, www.buckleykiwanis.org

Buckley Eagles Aerie 1387 & Auxiliary, 360-829-1161, www.foe.com, www.facebook.com/pages/buckley-EAGLES

Wilkeson Eagles Aerie 1409, 360-367-0078, www.foe.com, www.facebook.com/pages/wilkeson-eagles

Buckley Chamber of Commerce, www.buckleychamber.org

Chamber Collective (Bonney Lake), www.thechambercollective.com, 253-222-5945

East Pierce Fire & Rescue, 18421 Old Buckley Hwy., Bonney Lake; www.eastpiercefirerescue.org ; 253-863-1800

Toys for Tots, Sumner & Bonney Lake Police Depts. & Buckley Fire Dept. Collecting, wrapping & distributing toys

Foothills Rails-To-Trails Coalition, www.piercecountytrails.org

Adopt-A-Street in Bonney Lake: <http://www.ci.bonney-lake.wa.us> (info in Community Section)

Adopt-A-Road in Pierce County: <http://www.co.pierce.wa.us/index.aspx?NID=1744>

Beautify Bonney Lake, www.beautifybonneylake.org, Annual event in September.

Beautification of Buckley, An annual event sponsored by the Buckley Chamber of Commerce.

Relay for Life, Sumner/Bonney Lake Relay for Life Team, www.sumnerbonneylakerelay.org; 253-272-5767.

Relay for Life of Buckley www.relayforlifeofbuckley.com.

Friendly Horse Acres, Buckley, www.friendlyhorseacres.com

Sumner School District, 1202 Wood Ave., Sumner; 253-891-6000, www.sumnersd.org

White River School District, 240 North "A" St., 360-829-0600, www.whiteriver.wednet.net

Carbonado Historical School District, 427 4th St., Carbonado, 360-829-0121, www.carbonado.k12.wa.us

White River Education Foundation, www.whiterivereducationfoundation.org

COUNTY-WIDE YOUTH-SERVING ORGANIZATIONS WITH MULTIPLE GROUPS/CLUBS IN THE AREA

- Boy Scouts of America, 253-752-7731, www.pacificarbors.org
- Girl Scouts of Western Washington, 253-475-0307, www.girlscoutsww.org
- 4-H Clubs of King & Pierce County, 253-798-7180, www.pierce.wsu.edu
- Campfire Boys & Girls, 253-597-6234, www.campfireusaorca.org

ORTING RESOURCES:

Orting Family Support Center, 120 Washington Ave. N., 360-893-8500, open Mondays 1-4 pm, Thursdays 8:30 am -1:30 pm and Fridays 9 am -5 pm.

Orting Food Bank, 224 Washington Ave. SE, 360-893-0095, www.ortingfoodbank.org; Mon. 3-6, Wed. 12-3, Fri. 9 -12

Abundant Life Community Clothing Bank, 121 Whitsell St., Orting, 360-893-6929, Open Wednesdays 3:30 – 5:30pm

Orting School District, 121 Whitsell St., Orting, 360-893-6500, www.orting.wednet.edu

City of Orting Parks & Recreation, 360-893-2119 x120, www.cityoforting.org

Orting Valley Senior Center, 120 N. Washington, Orting; 360-893-5827

Orting Library, 292 Washington Ave. S.; Orting; 360-893-2661; www.piercecountylibrary.org

Orting High School PTTE (Parents & Teachers Together in Education), 360-367-0977; on Facebook Orting PTTE

Orting ECEAP, located behind Orting Elementary School; 360-893-6767, www.co.pierce.wa.us/index.aspx?nid=1973

The Haven (Teen Center), 112 Train St. SW., Orting, 253-227-4838, www.ortinghaven.com

Washington Soldier's Home, Orting, 1305 Orting-Kapowsin Hwy, Orting, 360-893-4511 (Terry Nisbet, Activities Director)

Not finding what you're looking for?

✓ **Call 211**

- ✓ **Find services and apply for benefits at Washington Connection** www.washingtonconnection.org
- ✓ **Check out Within Reach Resource Finder at** <https://resources.parenthelp123.org>
- ✓ **Contact one of the agencies listed on page 2 "General Assistance & Resources"**



Find information about local events and activities on the Facebook group "Happenings, Information and Help on the Plateau."

Looking for more volunteer opportunities?

- *Go to "Volunteer Bonney Lake, Buckley & Sumner" on Facebook for local postings of volunteer opportunities.*
- *Go to the United Way website www.uwpc.org, click "Volunteer" to search opportunities throughout Pierce County.*
- *Catholic Community Services has a list of opportunities available in all areas www.ccsww.org (click on "Volunteer").*
- *Check out www.justserve.org, a website where the volunteer needs of organizations may be posted and volunteers may search for places to serve in the community.*
- *The Power of One Day has listings to connect volunteers with charities in our area www.thepowerofoneday.com.*

Download the latest version of this Resource Guide online at:

- **The City of Bonney Lake's website** www.ci.bonney-lake.wa.us (click on "Community" then "Community Resources").
- **The City of Buckley's website** www.cityofbuckley.com (click on "Social Services" to access guide)
- **The White River School District's website** www.whiteriver.wednet.edu (click "Departments" then "Family Support Services" then "Families First Coalition" to access the guide).
- **The Sumner School District's website** www.sumnersd.org (click on "For Families" to access guide)

About this Resource Guide: The resource information included in this guide focuses on basic needs and ways to get involved in the community through community service and support through donations. Every attempt was made to provide accurate and inclusive information. This is not intended as a guide to recreation or all non-profits and service groups.

To update/correct information or include new services in Northeast Pierce County (White River, Sumner, Carbonado, and Orting School Districts), please e-mail Monica Gaub at gaublins@msn.com.

This resource guide is a volunteer service project and not affiliated with a specific agency or organization.